

Sports Medicine and The Olympic Athlete



PROGRAM

7:00 P.M. INTRODUCTION & OVERVIEW
Dr. J. Sullivan, Orthopaedic Surgeon.

7:10 P.M. ADAPTATION OF THE CARDIOVASCULAR SYSTEM TO HIGH INTENSITY TRAINING
Dr. A. Timmouth, Cardiologist.

7:30 P.M. DISTURBANCES OF THE GASTRO-INTESTINAL TRACT
Dr. A. Powell, Gastroenterologist.

7:50 P.M. HORMONAL IMBALANCE ... FATIGUE ... DEPRESSION ... AGGRESSION ... JET FATIGUE SYNDROME
Dr. M. Boctor, Endocrinologist.

8:10 P.M. THE FEMALE OLYMPIC ATHLETE
Dr. J.C. Paquette, Obstetrician - Gynecologist.

8:30 P.M. CARE & PREVENTION OF ORTHROPEDIC INJURIES
Dr. J. Sullivan, Orthropedic Surgeon.

8:50 P.M. THE EFFECT OF SPECIAL DIETS ON ATHLETIC PERFORMANCE
Miss S. Bibeau, Dietician.

9:15 P.M. QUESTION, ANSWER & PANEL DISCUSSION PERIOD
Dr. E.F. Enos, Chairman,
Panel Members: Dr. A. Timmouth, Dr. A. Powell,
Dr. M. Boctor, Dr. J. Paquette, Dr. J. Sullivan,
and Miss Bibeau.

DAY & DATE: Thursday, January 23, 1975.

TIME: 7:00 P.M.

PLACE: Vanier Auditorium,
Vanier Library,
Loyola Campus, Concordia University,
7141 Sherbrooke St. W.,
Montreal.

IF YOU NEED FURTHER INFORMATION,
PLEASE CALL:

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482-0320, ext. 733